

**THE APPLICATION OF CLASSICAL MUSIC THERAPY TO REDUCE
AUDITORY HALLUCINATIONS IN HALLUCINATION PATIENTS
RSJD DR. ARIF ZAINUDIN CENTRAL JAVA PROVINCE**

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ABSTRACT

Background: Schizophrenia is a heterogeneous syndrome of disordered and bizarre behaviors, delusions, hallucinations, unnatural emotions and impaired psychosocial functioning. Non-pharmacological therapies that can be done to reduce auditory hallucinations include classical music therapy. **Objective:** Knowing the results of the implementation of the application of classical music therapy on the signs of auditory hallucinations in hallucination patients at RSJD dr. Arif Zainudin Central Java Province. **Methods:** Descriptive research using a case study approach method. Application in this study by providing classical music therapy Mozart for 5 days with 10-15 minutes, using AHRS measuring instruments. **Results:** The results showed that there was a decrease in the auditory hallucination score on Mr. A from 31 to 9, while the auditory hallucination score on Mr. A from 31 to 9. A from 31 to 9, while the score on Mrs. Y from 28 to 8, there are 2 scores of difference between Mr. A and Mrs. Y. A and Mrs. Y. **Conclusion:** The application of classical music therapy can be used as an additional therapy in addition to other non-pharmacological therapies to reduce signs of hallucination symptoms.

Keywords: Hallucinations, Classical Music, Schizophrenia