

***APPLICATION OF CINNAMON COMPRESS (CINNAMOMUM  
BURMANNII) ON GOUT ARTHRITIS PAIN IN THE ELDERLY IN RW 06  
PURWODININGRATAN VILLAGE JEBRES DISTRICT SURAKARTA CITY***

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***ABSTRACT***

***Background:*** Gout arthritis most commonly affects men, but in older age, it most commonly affects women, especially those who have Experienced menopause. One of the most prominent symptoms that arise in gout patients is joint pain. Controlling pain and the primary symptoms that arise in gout patients is joint pain. Controlling pain and reducing joint damage can be the focus of gout arthritis treatment. One non-pharmacological therapy to reduce pain is using cinnamon compresses. ***Objective:*** To determine the results of applying cinnamon compresses (*Cinnamomum burmannii*) on gout arthritis pain in the elderly in RW 06, Purwodiningratan Village, Jebres District, Surakarta City. ***Method:*** The method used in this application is descriptive. Pain scale measurements were conducted using the Numeric Rating Scale before and after the cinnamon compress. ***Results:*** The results the application showed a decrease in the pain scale for gout arthritis in respondent 1, with a decrease in pain from a scale of 3 to 1 and in respondent 2 from a scale of 4 to 2. ***Conclusion:*** Cinnamon compresses (*Cinnamomum burmannii*) can reduce the pain scale of gout arthritis in the elderly in RW 06, Purwodiningratan Village, Jebres District, Surakarta City.

***Keywords:*** Cinnamon Compress, Pain, Gout Arthritis.