

**IMPLEMENTATION OF WOUND CARE EDUCATION TOWARDS ANXIETY IN
MOTHERS POST SECTIO CAESAREA IN RSUD Ir.SOEKARNO
SUKOHARJO DISTRICT**

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ABSTRACT

Background: *Caesarean Section (CS) is an action to cut the continuity or connection of tissue with an incision to remove the baby and leave a scar from the incision. Anxiety experienced by post-cesarean mothers is usually related to new surgical wounds obtained in the patient's abdomen, what to do and limited body movements due to the surgical wounds felt by the patient, these things can cause anxiety in caesarean patients. The right management to reduce post-CS maternal anxiety is through education. Health education can increase maternal knowledge so that mothers are more confident and ready in the wound healing process.* **Objective:** *To determine the results of the implementation of wound care education on anxiety in post-cesarean mothers at Ir. Soekarno Hospital, Sukoharjo Regency.* **Method:** *An observational descriptive study with a case study method conducted on two post-cesarean maternal respondents who underwent wound care education to reduce anxiety which was carried out in the first 12-24 hours post-cesarean until the 2nd day with 10-15 minutes of assistance.* **Results:** *The anxiety scores of both respondents on the first day were at moderate anxiety and on the second day after the implementation of education the anxiety score became mild anxiety.* **Conclusion:** *There was a decrease in anxiety after the implementation of wound care education.*

Keywords: *Education, Anxiety, Sectio Caesarea*