

**THE APPLICATION OF CARTOON WATCHING DISTRACTIONTECHNIQUE TO
REDUCE PAIN IN CHILDREN DURING INTRAVENOUS INJECTION IN THE HCU
CEMPAKA ROOM
AT DR. MOEWARDI HOSPITAL**

Yanita Tri Susanti¹, Ika Silvitasari², Suciana Ratrinaningsih³

Universitas 'Aisyiyah Surakarta¹, RSUD Dr. Moewardi²

yanitatriSusanti@gmail.com

ABSTRACT

Background: Hospitalized children often experience pain due to medical procedures such as intravenous injection. This pain can lead to anxiety, fear, and resistance to treatment. One non-pharmacological intervention to reduce pain is distraction by watching cartoons. **Objective:** To determine the effectiveness of cartoon-watching distraction techniques in reducing pain in children during intravenous injection in the HCU Cempaka Room at Dr. Moewardi General Hospital. **Method:** This study used a descriptive case study design involving two pediatric patients. Pain intensity was measured using the FLACC scale before and after watching cartoons for 5–10 minutes. **Results:** Both respondents showed a decrease in pain levels. Patient D's pain score decreased from 5 to 2, and patient K's from 6 to 3 after the intervention. **Conclusion:** The cartoon distraction technique effectively reduced pain in children during intravenous procedures and can be applied as a simple and enjoyable non-pharmacological nursing intervention.

Keywords: Distraction, Cartoon, Pain, Children, Intravenous Injection

