

**EDUCATION ON PROVIDING TEMPE PORRIDGE DIET TO IMPROVE  
THE FREQUENCY AND CONSISTENCY OF BOWELS IN TODDLERS  
WITH DIARRHEA THROUGH BOOKLET MEDIA**

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**SUMMARY**

**Background:** Diarrhea is a change in stool to be more liquid than usual and a frequency of more than three times in 24 hours. One of the second causes of death in children under 5 years and kills 1.5 million children/year. The main causes of diarrhea include viral infections (rotavirus), bacteria (*E. coli*), and parasites. Knowing that intestinal disorders due to infection are the main cause of diarrhea, restoring the digestive tract is the main key. Potential interventions include providing tempeh porridge. **Objective:** To provide information, as well as educational media that encourage behavioral changes in handling diarrhea independently at home. **Method:** Information and Education Communication (KIE) work in the form of A5 booklet media totaling 17 pages, containing information on diarrhea, the benefits of tempeh porridge, and the procedures for making and giving it. Trials were conducted on 3 respondents to measure readability and understanding. **Results:** This booklet media was tested on 3 respondents showing that this media helps understanding and can be used as a means of health education. **Conclusion:** Booklet educational media is effective as an educational medium to increase the knowledge of mothers of toddlers in handling diarrhea naturally and independently.

**Keywords:** Diarrhea, Tempe porridge, Booklet