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Description of Smoking Behavior in Hypertension Patients  
Outpatients at the Baru Public Health Center  
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**ABSTRACT**

Hypertension, or high blood pressure, is a blood vessel disorder that impedes the blood's delivery of oxygen and nutrients to the body's tissues that need them. Hypertension is often called the silent killer because it is a fatal disease without any prior symptoms. Cigarettes are one of the risk factors for diseases that cause hypertension. Smoking is still the biggest problem in the world and causes 5.4 million people to die every year. It is explained that the acute effects caused by smoking can increase heart rate and blood pressure by increasing levels of the hormones epinephrine and norepinephrine due to activation of the sympathetic nervous system. Smoking is a global problem that is very dangerous for health, globally in 2015 as many as 942 million men and 175 million women aged 15 years and over consumed cigarettes. The purpose of this study in general is to determine the description of smoking behavior, in hypertension patients in outpatient care at the New Public Health Center, Way Kanan Regency in 2025, and the specific purpose is to identify the characteristics of Age and Gender and Describe smoking behavior in hypertension patients in outpatient care at the New Public Health Center, Way Kanan Regency. This type of research is descriptive quantitative research using a cross-sectional study design with data taken using a questionnaire consisting of several questions that have been provided by researchers to respondents. Based on the research results, it was concluded that the characteristics of hypertension patients are mostly aged between 56-65 years and the characteristics of hypertension patients by gender are male, while for the characteristics of hypertension patients with smoking behavior, the category of very strong smoking dependence was obtained.

**Keywords:** *Hypertension; Smoke*