IMPLEMENTATION OF GREEN FLOWER LEAVES TOWARDS HEALING OF PERINEUM WOES IN PAPER MOTHER IN PKU MUHAMMADIYAH DELANGGU Hospital

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ABSTRACT

Background: Postpartum is a physiological process that occurs in a woman and requires good care to prevent infection. Perineal treatment can be done by pharmacological and non-pharmacological methods. Non-pharmacological treatment is by using green betel leaves because the content contained in green betel leaves has an antibiotic therapeutic effect that serves to heal wounds. Objective: To determine the healing of perineal wounds in postpartum mothers by giving a decoction of green betel leaves. Method: Case study with Descriptive research by observing perineal wounds before and after administration of green betel leaf for 7 days starting at puerperal day 1 to day 7 by using betel leaves for cebok which is done twice a day which is every morning and evening after mother taking a shower. Results: Before treatment the perineal wound had REEDA 8 and after treatment the REEDA score dropped to 0. Conclusion: The use of green betel leaf decoction proved to be faster to help the healing process of the perineum wound within 6 days.

Keywords: Postpartum, Perineal Wounds, Green Betel Leaves