

THE EFFECT OF GIVING VIRGIN COCONUT OIL IN ACCELERATING
THE HEALING OF PERINEAL WOUNDS IN POSPARTUM MOTHERS
AT PMB SRI RAHAYU BOYOLALI

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ABSTRACT

Background; *Postpartum maternal mortality due to infection is caused by perineal injury. Infection is the third cause of maternal death. Factors that cause infection include injury to the birth canal which is the development of germs and inhibits the healing of perineal wounds. Virgin Coconut Oil contains lauric acid which can kill the virus so that it can accelerate wound healing.* **Objectives;** *Applying Virgin Coconut Oil by applying it to the perineal wound of the postpartum mother to accelerate the healing of perineal wounds.* **Method;** *Using descriptive methods, namely with case studies. Using 2 respondents with perineal wounds and then given Virgin Coconut Oil for 7 days after each bath, BAK and BAB. The observation sheet uses the Reeda scale, measured before and after a treatment.* **Result;** *Before given the second response rate of Virgin Coconut Oil 8, the wound was still wet and after the application of Virgin Coconut Oil there was an acceleration of healing of perineal wounds that occurred in 2 respondents, both respondents recovered on the 5th day with a score of 0 ie dry perineal wound.* **Conclusion;** *The application of Virgin Coconut Oil can accelerate the healing of perineal wounds in postpartum mothers.*

Keywords: *Virgin Coconut Oil, Perineal Wounds, Postpartum.*

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