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***DESCRIPTION OF STRESS LEVEL ON STUDENTS
IN APPLYING FULL DAY SCHOOL AT SURAKARTA CITY
SENIOR HIGH SCHOOL***

ABSTRACT

Background: Indonesia has a new education system called Full Day School education system. Full day school is a process of a full day learning started from 07.00 AM until 16.00 PM. Full day school aims to develop all of the students personality potencies and to get character education by 80% an knowledge 20% generally. Full day school program makes students get academic advantage, where with the length of studying time students get the experience and social advantages. While the disadvantage is students feel tired of studying all day at school so students tend to be bored. This case causes the process of education at school, students often got stressed because of their inability to adapt to programs at school.

Objective: To find out the level of student's stress in applying full day school in Surakarta City High School. **Methods:** Descriptive research, data collection techniques by stratified random sampling, 348 respondent samples, questionnaire research instrument. **Results:** Univariate results analysis obtained from 348 Surakarta City High School students the stress levels was 15.5% in the light category, 78.4% in the medium category, and 6% in the heavy category. Gender description is 74.4% female and 25.6% male. **Conclusion:** The majority of High School students under going the full day school program experience moderate stress levels and the majority are female.

Keywords: Gender, Level of Stress, Full day school.