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THE EFFECT OF PSYCHORELIGIUS THERAPY ON THE LEVEL OF ANXIETY IN CHILDREN WITH HIV / AIDS IN LENTERA FOUNDATION SURAKARTA

ABSTRACT

Background; The cumulative number of HIV infections increases every year, including in children. HIV presents a variety of psychological disorders such as anxiety. Effective strategies for anxiety about death are widely used. One of them is developing individual policies and religiosity, where religiosity is almost always associated with the creation of positive psychological conditions. Aim; Determine the effect of psychiatric therapy on anxiety levels in HIV sufferers at the Lentera Surakarta Foundation. Method; this type of research is pre-experiment, with the design of one group pretest and posttest. The sample in this study was Anxiety in children with hiv / aids at the Lentera Surakarta Foundation, which houses 32 children. The sampling technique uses total sampling. The research instrument used observation sheets of psycho-religious therapy such as attendance lists and questionnaires measuring anxiety levels using the TMAS (Taylor Manifest Anxiety Scale) instrument. Data analysis using Wilcoxon analysis techniques. Results; Bivariate test results with Wilcoxon prove that there are differences in the level of anxiety in HIV patients before and after psychiatric therapy as evidenced by a significant number (Value 0.000 < 0.05). Conclusion; There is an influence of psychoreligious therapy on anxiety levels in chidrens with HIV/AIDS.

Keywords: Psychological therapy, anxiety level, HIV sufferers