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KNOWLEDGE LEVEL AND FEMALE STUDENT'S ATTITUDE IN PREPARATION OF DEALING WITH MANARCHE AT TA'MIRUL ISLAM SURAKARTA ELEMENTARY SCHOOL

ABSTRACT

Introduction: The average age of menarche in Indonesia has entered the age under 12 years old with primary menarche phemomenon happen at the age under 9 years old. The students at Ta'mirul Islam Surakarta Elementary School happen to range from 9-12 years old so the lack of information eventually will lead to the lack of knowledge for the student and megative attitude will affect the preparation of female student in dealing the menarche. Aim: Understanding the relation of knowledge and readiness in dealing the menarche for female student at Ta'mirul Islam Surakarta Elementary School. Method: This is analytic research with cross sectional design, The sample of this research used 83 respondents. The sampling rechnique used purposive samping. The research instrument by questionaire. The data analysis used chi square analysis technique. Result: From Univariate analysis shows that sufficient knowledge amount to 29 (34.9%) respondents, positive attitude amount to 62 (74.04%) respondents, showing the ready ones amount to 63 (75.9%) respondents; Bivariate analysis shows there is a significant relation between knowledge and readiness in dealing the menarche with p value <0.001) < 0.05. and there is also a significant relation between attitude and readiness in dealing the menarche with p value <0.001) < 0.05. Conclusion: There is relation between knowlegde and readiness in dealing the menarche and there is also a relation between attitude and readiness in dealing the menarche at Ta'mirul Islam Surakarta Elementary School.

Keywords : Menarche, juvenile, knowledge, attitude and readiness