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**MOTHER'S PREGNANCY PHYSICAL ACTIVITY FOR TAKING
CARE OF HEALTH PREGNANCY IN PUSKESMAS
KARANGTENGAH KABUPATEN WONOGIRI**

ABSTRACT

Background Of Study; *Pregnancy is a natural process for woman in a productive phase of life. Health is able to keep by doing physical activity who allowed by pregnant mother as long as pregnancy period. Based on preliminary studies that mother's pregnancy doing physical activity just with walk and household activities. Mother's pregnancy is less understanding about good time and variance physical activity for pregnancy.* **Purpose of Study;** *Analyzing about knowledge of pregnant mother's, attitude, and practice physical activity along pregnancy period for taking care of health pregnancy in Puskesmas Karangtengah Kabupaten Wonogiri.* **Method Of Study;** *Research about " Mother's Pregnancy Physical Activity For Taking Care Of Health Pregnancy In Puskesmas Karangtengah Kabupaten Wonogiri" is an analytical reasearch by using cross sectional and sampling technique uses cluster random sampling and also data sampling are 74 respondents. This research instrument uses questionnaire sheet. Bivariat analysis uses Chi Square test with 95% significance level.* **Outcome;** *From this research, obtained data about mother's pregnancy (knowledge, attitude, practice physical activity) stated by precentage such as good knowladge are (35.1%), positive attitude are (64.9%), enough of practice physical activity mother's pregnancy are (68.9%). Then from bivariate analyze beetwen knowladge with mother's pregnancy attitude is $\rho=0.65$, knowladge with practice physical activity is $\rho = 0.96$ and attitude with practice physical activity of mother's pregnancy is $\rho = 0.000$.* **Conclusion;** *there's no correlation beetwen mother's pregnancy knowladge and attitude, there's no correlation beetwen mother's pregnancy knowladge and practice, and there's correlation beetwen mother's pregnancy attitude and practice physical activity.*

Keywords; *pregnancy, physical activity, knowledge, attitude, practice.*