

| | |
|--|--|
| Tri Waningsih NIM C2015102 Program Studi Sarjana Keperawatan | Dosen Pembimbing 1. Wahyu Purwaningsih, M.Sc 2. Irma Mustika Sari, M.Kep |
| <i>DIFFERENCES BETWEEN ERGONOMIC GYMNASTICS AND FINGERS GYMNASTICS TOWARDS THE DECLINING OF URIC ACID GRADE TESTED AT INTEGRATED HEALTH POST OF PAJANG VILLAGE</i> | |
| <i>ABSTRACT</i> | |
| <p><i>Background Behind</i> ; Enhancement grade acid veins acid Uric posed by grade acid veins in the blood excess lead production acid veins more many from on its disposal , p that is because some p as factor genetic , food , and factor disease others . <i>Purpose</i> ; Knowing difference between gymnastics ergonomics and gymnastics finger to decline grade acid veins in Integrated Health Post for elderly people in Pajang Village. <i>Method</i> ; type research is quantitative comparative with design Quasi Experiment Design , sample in research this as many as 30 respondent . The sampling technique uses purposive sampling . Instrument research use tool a set of checks acid veins and sheet observation . Analyze data using technique analysis Paired t-test and I ndependent t-test. <i>Results</i> ; results test bivariate with Paired t te t prove that there is a significant difference before and after given treatment gymnastics ergonomics ($P_{value} 0,000 < 0,05$) and prove that there is a significant difference before and after given treatment gymnastics finger ($P_{value} 0.047 < 0.05$) . Results I ndependent test t-test prove that there is difference gymnastics ergonomics and gymnastics finger to decline grade acid veins proven with number significant ($P_{value} 0.001 < 0,05$) . <i>Conclusion</i> ; Ho on reject the meaning there is difference gymnastics ergonomics and gymnastics finger to decline grade acid veins .</p> | |
| <i>Keywords</i> : Elderly people, Uric Acid Grade, Gymnastics Ergonomics , Gymnastics Finger | |