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**RELATIONSHIP INTENSITY USE OF GADGET TO
NUTRITIONAL STATUS IN STUDENTS SMK BATIK 2 SURAKARTA**

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ABSTRACT

Introduction ; The percentage of high school teenagers gadget Solo aged 14-19 years the percentage of 32%. The intensity of the use of the gadget is one of the things included in the indirect factors that influence nutritional status. If the higher the intensity of the use of the gadget the more likely a higher body mass index. This is because the individual performing the intensity of use gadgets just by standing, sitting, or lying down so that there is an imbalance between energy in and energy out. **Objective** ; To know the intensity of use of gadgets to nutritional status of students SMK Batik 2 Surakarta. **Method** ; This study uses analytic method with cross-sectional approach. **Results** ; Results of this study was obtained from 89 students with a high-intensity use of the gadget as much as 74 students (83.1%) with normal nutritional status category as many as 52 students (58.4%). The results of the test Spearman Rank Correlation in getting the results p value value of <0.05 . This indicates a correlation between intensity of use of gadgets to the nutritional status of students of SMK Batik 2 Surakarta. **Conclusion** ; There is a relationship intensity use of gadget to nutritional status in students SMK Batik 2 Surakarta.

Keywords; The intensity of the use of gadgets, nutritional status, students