

ABSTRACT

APPLICATION OF DECOCTION OF LEAF REGAR TO BLOOD PRESSURE IN NY.U WITH HIPERTENSION

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Background: Hypertension in Indonesia has a prevalence of 26.5% by 2013, but diagnosed by health personnel and or medication history is only 9.5%. This indicates that most cases of hypertension in the community have not been diagnosed and affordable health services. Based on data in 2007-2010 shows that hypertension patients who realize that their hypertension of hypertension is 81,5%, receive treatment equal to 74,9%, patient with controlled blood pressure (systolic blood pressure) 52,5% and patient with pressure His blood was controlled by 47.5%.

Purpose: to describe the result of applying leaf stew of bay leaves to blood pressure in Ny.U with Hypertension. **Objective:** Describe the implementation of the influence of decoction of bay leaves. **Method:** The results of the implementation and analysis found there was a decrease in blood pressure in Ny.U

Keywords: *bay leaves, blood pressure, hypertension*