## **ABTRACT**

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## THE IMPLEMENTATION OF EARLY MOBILIZATION AGAINST PAIN SCALE REDUCTION TO *POST SECTIO CAESAREA* PATIENT IN PANDAN ARANG PUBLIC HOSPITAL, BOYOLALI

## **ABSTRACT**

Background: Today, a labor with SC is not a new thing for mothers. The impact of SC is the pain that result in limited maternal mobilization. The prevalence of medical records belonging to Pandan Arang public hospital in the last 3 years shows the number of births with section caesarea increased by 128 in 2015, 189 in 2016, and 241 in 2017. Purpose: To describe the implementation result of the early mobilization against post section caesarea patient in Pandan Arang public hospital, Boyolali. Method: This research use descriptive study with interview method and pain scale observation. Results: The result of implementation before early mobilization to 2 respondents shows pain scale on point 6 (severe pain), after early mobilization for 3 consecutive days shows a decrease of pain scale against Ms.T into point 3 (mild pain) andinto point 4 (severe pain) against Ms.D. Conclution: There are differences against pain scale before and after early mobilization.

Keywords: early mobilization, pain, post sectio caesarea