

ABSTRACT

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APPLICATION OF MURROTAL AL-QUR'AN THERAPY LETTER AR-RAHMAN TO DECREASE PAIN POST SECTIO CAESAREA

ABSTRACT

Background : *Sectio caesarea is giving birth to the fetus with surgery on then abdominal an uterus, murrotal therapy is therapy that contains elements of the human voice which can stimulate the body to lower stress hormone, activate hormone endorphin naturally and enhance feeling relaxed.* **Research Purpose :** *To know the effect of murrotal therapy to decrease of post sectio caesarea pain.* **Research Methode :** *This research was designed with descriptive research design, the retrieval of this data with preliminary study, interview and observation.* **Research Result :** *The result from this research after therapy murrotal is that dereased pain of the first patient is from scale 6 to 5 and the second patient is from scale 5 to 3.* **Conclusion :** *There is the effect of murrotal therapy for post section caesarea pain.*

Keywords : *Post Sectio Caesarea, Pain, Murrotal Therapy.*