

ABSTRACT

Novitasari NIM B2015081 Study Program DIII of Nursing	Counsellor 1. Siti Fatmawati, S.Kep. Ns, M.Kep 2. Eska Dwi P, S.Kep. Ns, M.Kep
APPLICATIONS THE EFFECT OF MURROTAL THERAPY (SURAT AR-TAHMAN) ON BLOOD PRESSURE HYPERTENSION AT KADIPIRO, BANJARSARI SURAKARTA	
ABSTRACT	
<p>Background : Hypertension is a condition when a person has an elevated blood pressure above normal, resulting in an increase in morbidity and mortality. Blood pressure from the heart and pump blood through the tissues and organs of the body. Murrotal Therapy (Surat Ar-Rahman) is one therapy that can be used as a non-pharmacological drug for blood pressure in people with hypertension.</p> <p>Objectives : To know the blood pressure before and after of Murrotal Therapy (Surat Ar-Rahman) hypertension patients in Kadipiro, Banjarsari, Surakarta.</p> <p>Methods : This research using design of descriptive method. Data collection procedure uses preparatory, implementation, and documentation procedures. This case study instrument uses digital tensimeter, mobil phone, earphone.</p> <p>Results : Be found a decrease of blood pressure of Murrotal Therapy (Surat Ar-Rahman) which is conducted during 7x meeting, Murrotal Therapy (Surat Ar-Rahman) can decrease a blood pressure in Ny. D and Ny. K from high grade I hypertension to high normal.</p> <p>Conclusion : there are differences before and after of Murrotal Therapy (Surat Ar-Rahman) for blood pressure in hypertension patients.</p>	
Key words : <i>Hypertension, Murrotal Therapy, Blood Pressure</i>	