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THE IMPLEMENTATION OF MARINADE BRINE IN ACUTE LEVEL TOWARD GOUT'S SUFFERER IN GAMBIRSARI VILLAGE SURAKARTA

ABSTRACT

Background: Gout is one of inflammation diseases or inflammation at joints, with be marked by monosodium crystal veining buildup inside in or around of joint. If the uric acid level inside of blood continues to rise so the Gout diseases will have manifestation likes monosodium crystal veining buildup and will caused acute. **Purpose:** This research to describe how acute level towards gout's sufferer before and after conducted with marinade brine. Method: This research use descriptive study design. The instrument that used to measurement of acute level by VAS (Visual Analog Scale) with the measurement step to quantify the Acute level before and after implementation brine marinade. Result: The result that researcher done toward Mrs. A and Mrs. S gout's patients in Gambirsari village after conducted brine marinade during 7 days in continues with duration 20 minutes obtained different result i.e. before application the brine marinade towards gout's sufferer within the same level that showed in face expression with 5 and then after implemented that brine marinade toward Mrs. A become slightly expression become 3 in her face expression and towards Mrs. S become rather acute in 2 of face expression. Conclusion: From this research; the marinade brine is effective towards Gout to handle the acute.

Keywords: Gout, Acute, Marinade Brine