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## THE APPLICATION OF WARM GINGER COMPRESS AGAINST THE PAIN SCALE TO THE ELDERLY WITH OSTEOARTHRITIS IN PUCANG SAWIT RT 03 RW XII JEBRES SURAKARTA

## **ABSTRACT**

**Background**: Old age is something that will surely be experienced by people who endowed longevity that can't be avoided by anyone. Elderly is often have desease, desease that commonly experienced by the elderly is a joint pain non-pharmacological pain management can be done by nurse or health worker is hot therapy by using warm gingercompress. **Purposes**: To describe the implementation of warm ginger compress against elderly with osteoarthritisin PucangSawit, Jebres, Surakarta. **Methods**: This research using interview method and pain scale observation. **Result**: Before the application of warm ginger compress to two respondents, the pain scale is at point 7 (severe pain), after using 20 minute warm ginger compress for 4 days in a row, the pain scale against Ms.Y shows point 3 (mild pain), and point 2 against Ms.S (Mild Pain). **Conclution**: There are differences against pain scale before and after warm compress ginger.

**Keywords**: *Elderly, joint pain, warm ginger compress*