

ABSTRACT

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<i>THE APPLICATION OF CUPPING THERAPY TO REDUCE BLOOD PRESSURE IN HYPERTENSIVE PATIENTS IN THE KADIPIRO SURAKARTA VILLAGE</i>	
ABSTRACT	
<p>Background: Disease High blood pressure is a major risk factor for the development of heart disease and stroke. Hypertension is also referred to as "the silent killer" because there are no signs or symptoms that can be viewed from the outside. Hypertension develops slowly, but potentially very dangerous.Objective: To determine the effect of the application of cupping for 10 minutes to lower blood pressure in patients with hypertension. Method: The type of research used in this research is using case study with interview and observation method, this research uses two respondents. This research was done by giving bruise for two times in two weeks with a duration of approximately 10 minutes.Result: Tn.D blood pressure before application of cupping for 10 minutes blood pressure 160/90 mmHg and Ny.S 180/90 mmHg. After the application of cupping for 10 minutes blood pressure Tn.D 160 / 80mmHg and Ny.S170 / 90mmHg.Conclusion: There was a decrease in blood pressure before and after the application of cupping in the sub-district of KadapiroBanjarsari, Surakarta.</p>	
Keywords: Hypertension, cupping, blood pressure.	