

ABSTRACT

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THE IMPLEMENTATION OF WATER DECOCTION OF BETEL LEAF TO TREAT WHITISH IN TEENAGER

ABSTRACT

Background: Reproductive health is the prosperous state of physical, mental, and social intact, not just free from diseases or disability but in all aspect that related with reproductive system, also the function and the process. Teenager has a lot of problems in the vagina area; the one of them is whitish. Whitish is the conditions experienced by women. The whitish divided into two, i.e. physiological and pathological. The betel leaf is non-pharmacology therapy which effective to treat whitish. ***The Purpose:*** to describe the implementation result of betel leaf to cure the whitish in Tanjung village RT.02/ RW.03, Tanjung, Nguter, Sukoharjo. ***Method:*** this research using research case studies with descriptive research design. ***Result:*** this research showed that before both respondents are given water decoction of betel leaf, both respondents have whitish with a single white grievances and thick. After conducted water decoction of betel leaf for 5 days to respondents. Whitish in first respondent has gone in fourth day and for second respondent has gone in the fifth day. ***Conclusion:*** the implementation of water decoction of betel leaf can reduce the condition of whitish on respondents I and II.

Key words: Betel leaf, Teenager, Whitish