

**THE APPLICATION OF YOUNG COCONUT WATER ON DECREASING  
BLOOD PRESSURE ON HYPERTENSION PATIENTS IN DAWUNG  
PULISEN BOYOLALI**

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**ABSTRACT**

**Back Ground;** *Descriptive research by applying research result already been done previous, to know blood pressure change result before and after done by young coconut water application on hypertension patient.* **Objective;** *The purpose of the study was to determine the effect of young coconut water on blood pressure reduction in hypertension patients in Dawung Pulisen Boyolali.* **Method;** *Descriptive research by applying research result already been done previous, to know blood pressure change result before and after done by young coconut water application on hypertension patient with sample's amount 2 respondents.* **Result;** *Implement points out that afters was given by young coconut water exists blood pressure decrease. Blood pressure Mrs. k experience decrease of 170 / 100 mmHg becomes 140 / 90 mmHg and pressures Mrs. A also experience decreases of 160 / 100 mmHg becomes 130 / 80 mmHg.* **Conclusion;** *Young coconut water can down blood pressure on hypertension patients.*

**Keywords:** *Blood Pressure, Hypertension, Young Coconut Water*