

**APPLICATION OF SOURSOP LEAF DECOCTION TO DECREASE THE SCALE
OF PAIN IN GOUT SUFFERERS IN THE AREA
OF MONDOKAN HEALTH CENTER**

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ABSTRACT

Background: Joint pain is an inflammation of the joints that is characterized by swelling of the joints, redness, heat, pain and the occurrence of movement disorders. In this condition the patient is very disturbed, if more than one joint is attacked. Joint pain itself can be caused by an increase in uric acid levels in the body. Management of gout is generally divided into 2, namely pharmacology and non-pharmacology. Non-pharmacological therapy can be used to reduce pain with consumery soursop leaf decoction. **Objective:** To describe the results of the implementation of soursop leaf decoction to decrease the scale of pain in gout sufferers in the Mondokan health center area. **Method:** descriptive research method with a case study research design using a numeric rating scale and observation. **Results:** After giving soursop leaf decoction to the 2 respondent for 14 days given in the morning and evening with a duration of 30 minutes, the scale of pain in both respondent decreased. **Conclusion:** Decoction of soursop leaves proved to be able to reduce the scale of pain in patients with gout. **Keywords:** Gout, Pain, Soursop leaf.