

SUMMARY

SAYUR DAUN KELOR UNTUK MENINGKATKAIN PRODUKSI ASI PADA IBU POSTPARTUM

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Background : breast milk is the first food of baby that contains the best nutrition for the growth of the baby. The baby who are not given the breast milk before have a heager risk of death and susceptible to disease never the less, there are still some mother who do not want to give their breast milk to their baby. The reasen is because of lack breast milk production aftet gift birth. It cant be affected to the scope of breast feeding. In Central Java, the percentage of scope of breast feeding only 45,21% this problem can be solve by consuming food that contains ingredients that can improve the breast milk production such as moringa olifera leaves. **Purpose** : Produce education poster in giving information about moringa leave to improve the breast milk priduction of postpartum woman. **Target** : There hasbeen created education poster for increasing know ledge and also can be applied for solfing the problem of breast milk production.