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REVEAL THE PERCEPTION OF PREGNANT WOMEN ABOUT SEXUAL ACTIVITY DURING PREGNANCY

ESSENCE

Background: The existence of myths circulating in the community about sexual activity during pregnancy can lead to decreased sexual desire and sexual dysfunction which will have an impact on the quality of life of pregnant women. Purpose: To provide information about sexual activity during pregnancy. Method: Using the output of the booklet entitled "Sexual Activity During Pregnancy". Conclusion: The booklet is 16 pages, contains the definition of pregnancy, changes that occur during pregnancy, especially sexual activity, factors influence sexual activity and the perceptions of pregnant women related to the myths circulating in the community and solutions to sexual activity during pregnancy.

Keywords: Perseption, Sexual activity, Pregancy