

ABSTRAK

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HUBUNGAN PERILAKU MEROKOK DENGAN TINGKAT KONSENTRASI PADA SOPIR BUS DI TERMINAL TIRTONADI SURAKARTA

ABSTRACT

Background: Smoking is a difficult problem to find and is growing in Indonesia. The number of people smoking in Indonesia is 62.800.000. Smoking is unique in that it relieves anxiety, which produces a palatable feeling. The negative effect of smoking can be reduced concentration. Bus drivers spend a lot of time sitting down, smoking has become a habit to help relieve fatigue and drowsiness while driving. Because cigarettes contain nicotine that can upset sleep patterns and keep users awake. **Objectives:** To know if there is a concentration of cigarette behavior at the bus driver at station Tirtonadi Surakarta. **Methods:** this study uses analytic methods, data retrieval techniques with quota sampling, 93 respondents, data analysis using Kendalls tau with significant value $p < 0,05$. **Results:** The result of this study show the smoking behavior of bus drivers at Tirtonadi terminal is mostly in the moderate smoker category (50,4%), the concentration levels are mostly in the poor category (45,2%), and the kendall's tau test result are obtained ($p = 0,085$). **Conclusion:** There's no link between smoking behavior and concentration rate of bus drivers in station Tirtonadi Surakarta.

Kata Kunci: Smoking behavior, Concentration, Bus Driver.