

Sekar Kartika Sari	Supervisor :
C2016116	1. Mulyaningsih, M.Kep
Program Studi Sarjana Keperawatan	2. Eska Dwi P, M.Kep

**IMPROVEMENT OF KNOWLEDGE ABOUT CONTROL LEVELS OF
ASMA PATIENTS WITH MEDIA *BOOKLET***

SUMMARY

Background: Asthma can be controlled with the right level of asthma control . The level of asthma control is more directed towards prevention efforts by controlling clinical symptoms of the disease, if asthma is not controlled it can cause individuals to have limitations in carrying out daily activities. Various ways can be used to convey information about increasing knowledge of the level of asthma control, one of which is by using media *booklet*. *Booklet* is a medium for conveying health messages in the form of a book, both in writing and in pictures. **Purpose :** Providing clear knowledge information accompanied by attractive images in order to make it easier to understand the content of the material presented in the hope of being able to increase understanding and knowledge about how to improve asthma sufferer control. **Conclusion :** *Booklet* This was created to increase knowledge about how to improve asthma control in several ways so that the level of control in asthma sufferers will be better through media *booklet* this.

Keywords : Asthma ; Asthma Control Level ; *Booklet*