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## **THE ROLE OF PHYSIOTHERAPY FOR THE QUALITY OF LIFE ESSENCE**

**Background:**The results of national health development show improvements in various indicators, such as increasing life expectancy, decreasing infant mortality, and so on. However, there are still problems of disparities in health degrees, increasing prevalence of non-communicable diseases, high rates of infectious diseases and an increasing number of elderly people with various degenerative diseases. Physiotherapy as a health worker plays a role in improving public health in the form of promotive, preventive, curative, and rehabilitative, namely the ability to maintain, improve movement and function with the target of providing services for healthy and / or sick people. **Purpose:** To explain the role of physiotherapy for the quality of life of the elderly. **Method:** The method used is KIE media, namely pocket books as a tool or media of information about the role of physiotherapy for the quality of life of the elderly. **Result:** A pocket book on the role of physiotherapy for the quality of life of the elderly which is aimed at the community, especially the elderly as a medium of information in increasing public knowledge about procedures for maintaining quality of life, the role of health workers in maintaining the quality of life carried out by physiotherapy.

**Conclusion:**A pocket book on the role of physiotherapy for the quality of life of the elderly which is aimed at the community, especially the elderly as a medium of information in increasing public knowledge about procedures for maintaining quality of life, the role of health workers in maintaining the quality of life carried out by physiotherapy

**Keywords:** Elderly, Quality of Life, Physiotherapy