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HEALTH EDUCATION ON THE BENEFITS OF HANDWASHING THROUGH POSTER MEDIA

Summary

Background: In Indonesia washing hands has not become a culture practiced by the wider community in daily life, many people wash their hands only with water before eating, washing hands with soap is actually done after eating. The author has the idea of knowing the idea of an invitation to wash hands so that the Indonesian people are aware of the importance of applying hand washing in daily life. **Purpose:** To provide information to the community and make people aware of the many benefits of washing hands, it is hoped that the community will understand the benefits of washing hands and can apply it to their daily lives. **Method:** Using a poster output entitled "Let's Wash Our Hands". **Conclusion:** 1 poster contains 7 steps for washing hands, the benefits of washing hands, whenever you have to wash your hands, and how long it takes to wash your hands.

Keywords: *Health Education, Hand Washing, Poster*