

KNOWING CONTRACEPTION AND RESOURCE INFORMATION FOR NEW MARRIED COUPLES

Muhammad Nadzarudin, Indarwati, Eska Dwi Prajayanti
nadzarudin25@Gmail.com
'Aisyiyah Surakarta University

Summary

Background: *Contraception is an effort to prevent pregnancy by using medical methods to achieve the goal of a happy small family. Education about contraception is important to increase knowledge of newly married couples to determine the contraception they will choose after the household is formed.*

Purpose: *To increase knowledge of newly married couples about contraception, which assumes that they should immediately have offspring but ignores the reproductive health of newly married couples. It is hoped that the increased knowledge of New Married Couples about contraception will change attitudes in determining contraception for them.*

Methods: *CIE (Communication, Information, Education) about contraception is packaged in a booklet with an attractive design to generate interest in reading for newly married couples.*

Conclusion: *The booklet with the title Contraception and Information Sources for Newly Married Couples contains materials about contraception in general and access to information about contraception so that newly married couples will easily get education in one this media.*

Keywords: *Contraception, Newly Married Couples, Booklets*