Megawati
NIM C2016088
Sarjana Keperawatan

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EFFORTS TO INCREASE KNOWLEDGE ABOUT SEXUALITY DURING PREGNANCY USING BOOKLET MEDIA

SUMMARY

Background: The large amount of inaccurate information about sexual relations that is spread among the public has resulted in the low desire of pregnant women and their partners to have sexual intercourse during pregnancy. The information media booklet is considered very suitable for discussing sexuality during pregnancy, especially for pregnant women and couples who feel embarrassed to ask questions and discuss with health workers. **Objective:** as an effort to provide education and information related to sexuality during pregnancy. **Method:** using the media booklet entitled "Rahasia Seputar Seksualitas selama Kehamilan." **Conclusion:** The booklet consists of 26 pages containing several questions, among others; what is sexuality? how does sexual intercourse change during pregnancy? what causes changes in sexual desire during pregnancy? what factors influence sexual satisfaction during pregnancy? what factors influence the desire to have sex during pregnancy? the recommended position for sexual intercourse during pregnancy? what are the risks involved with unsafe sex during pregnancy? when should sexual intercourse be avoided during pregnancy?

Key words: knowledge, sexuality, pregnancy, booklet.