

SUMMARY / CONCLUSION

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HERBAL TREATMENT FOR HYPERTENSION WITH WHITE GINGER DECOCTION	
SUMMARY / CONCLUSION	
<p><i>Background : ederly with hypertension with a blood pressure of 140-160 mmHg are given education on how to make non pharmacological therapies with white ginger decoction.</i></p> <p><i>Purpose : provide understanding and make it easier for the elderly to understand how to make herbal therapy (white ginger decoction) to treat hypertension. Method : using the video output entitled " Herbal Treatment for Hypertension with White Ginger Decoction".</i></p> <p><i>Conclusion : the video contains how to make white ginger stew for hypertension. Contains indications, contraindications to white ginger stew and the rules for drinking white ginger stew.</i></p>	
<p>Keywords : Hypertension, Herbal medicine.</p>	