

THE USE OF POCKET MEDIA IN THE FAMILY OF STROKE PATIENTS AS A FORM OF MOTIVATION FOR PATIENTS

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Background : Stroke is a condition in which an *emergency* occurs due to cerebral chemia, with decreased blood flow and oxygen to the cerebral tissue or cerebral hemorrhage which can cause permanent brain damage . The number of cases causes families to be more concerned about family members who suffer from stroke and post-stroke. The role of the family is expected to motivate and help the recovery of stroke sufferers , therefore a pocket book is made . **Purpose:** increasing family knowledge about stroke and helping the recovery and healing process for stroke sufferers through support and motivation from the family. **Methods:** The method used is to use a pocket book media entitled "Family Ways to Motivate Stroke Patients". **Results:** pe mberian information j elas is an effort to change your behavior to provide attitude posi tive and reduce anxiety, and pocket book is a product that can be a source of information. **Conclusion:** from the existing problems, there will be actions aimed at increasing family knowledge about stroke with the pocket book media entitled "How families motivate stroke patients", which is hoped that this book will increase family knowledge about stroke and help. the process of recovery and healing of stroke sufferers through support and motivation from family.

Keywords: *pocket book, family, stroke, motivation*