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**GAMBARAN KARAKTERISTIK PENDERITA HIPERTENSI
DAN SIKAP PENANGGAMAN HIPERTENSI DI WILAYAH
KERJA PUSKESMAS GILINGAN**

ABSTRAK

Latar Belakang: Hipertensi adalah : hipertensi merupakan tekanan darah yang melebihi batas normal, dikatakan hipertensi jika hasil pengukuran menunjukkan angka 140/90 mmHg. **Tujuan:** Mengetahui Gambaran karakteristik penderita Hipertensi dan sikap penanganan hipertensi. **Metode:** Desain penelitian deskriptif. Populasi penelitian ini 1412 orang penelitian ini mengambil sampel 99 orang penderita hipertensi, Metode yang digunakan Stratified Random Sampling. **Hasil:** Analisa univariat menunjukkan karakteristik berdasarkan usia yaitu usia lanjut sebanyak 59 , jenis kelamin perempuan sebanyak 79, pekerjaan sebagai pedagang sebanyak 43, Pendidikan sebagian besar SMA/SMK, Riwayat hipertensi sebanyak 67 , lama menderita hipertensi 3-11 tahun sebanyak 71 , IMT katagori obesitas sebanyak 35, sikap penanganan hipertensi cukup baik sebanyak 37 responden, **Kesimpulan:** mayoritas usia lanjut , jenis kelamin mayoritas perempuan , mayoritas pedagang, Pendidikan sebagian besar SMA/SMK, memiliki riwayat hipertensi , lama menderita hipertensi 3-11, Indek masa tubuh katagori obesitas, sikap penanganan hipertensi cukup baik.

Kata Kunci: Hipertensi, karakteristik hipertensi, sikap penanganan hipertensi

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***DESCRIPTION OF THE CHARACTERISTICS OF PATIENTS OF
HYPERTENSION AND ATTITUDE OF HYPERTENSION ATTENDANCE
IN GILINGGAN HEALTH CENTER WORK***

ABSTRACT

Background: Hypertension is: hypertension is a blood pressure that exceeds the normal limit, said hypertension if the measurement results show 140/90 mmHg.
Objective: To find out the description of the characteristics of hypertensive patients and hypertension subscription attitudes. ***Methods:*** Descriptive research design. The population of this study was 1412 people, this study took a sample of 99 people with hypertension. The method used was Stratified Random Sampling.
Results: Univariate analysis showed age-based characteristics of 59 years old, female sex 79, job as a trader as much as 43, education of most high school / vocational high school, history of hypertension as much as 67, duration of hypertension 3-11 years as much as 71, IMT category obesity as much as 35, hypertension subscription attitude is quite good as many as 37 respondents,
Conclusion: the majority of elderly, the sex of the majority of women, the majority of traders, education of most high school / vocational high school, a history of hypertension, long time suffering from hypertension 3-11, body mass index category of obesity , hypertension subscription attitudes are quite good.

Keywords: Hypertension, characteristics of hypertension, hypertension subscription attitudes

