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EDUCATION OF THE IMPACT OF CHILDHOOD IMMUNIZATION AS AN EFFORT TO REDUCE MOTHER'S ANXIETY THROUGH POCKET MEDIA

SUMMARY

Background: The early life of a child is the period most vulnerable to viruses and diseases. At this time, children do not have their own immunity. Therefore, from an early age children need to get immunity through vaccines or immunizations to prevent them from disease. Immunization is an action to provide protection or immunity to the child's body by injecting vaccine or serum from a disease that has been weakened into the body. It was found that mothers who had low knowledge with anxiety were around 9.4% and the most dominant, namely high knowledge levels, had low anxiety, namely around 5.4%. It was found that knowledge affects the level of mother's anxiety in immunization. The media used is the pocket book media. **Purpose:** To provide information and benefits, especially for mothers who have toddlers, in order to know the impact that will arise after immunization and overcome maternal anxiety by means of educating The media used is the pocket book media. Purpose: To provide information and benefits, especially for mothers who have toddlers, in order to know the impact that will arise after immunization and how to overcome maternal anxiety by means of educating them. Method: With the media of the pocket book "Handling posttoddler immunization" **Conclusion:** this pocket book for post-toddler immunization handling is expected to be useful as a medium for health education for mothers who have toddlers and the community so that they can implement posttoddler immunization handling independently.

Keywords: Immunization, Anxiety, Mother, Pocket Book.