

HEALTH EDUCATION DENTAL BROCHING TO IMPROVE CHILD PRACTICE SKILLS AGES 6-12 YEARS THROUGH VIDEO MEDIA

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SUMMARY

One of the most common dental health problems in children is dental caries. Nearly 90% of children of school age worldwide suffer from dental caries. Control Disease Prevention of dental caries is a chronic disease that often occurs in children aged 6-11 years (25%) and adolescents (59%) although dental caries is a preventable disease. This phenomenon also occurs in children under 12 years of age that occur in Indonesia who suffer from dental caries as much as 89%. Maintaining dental health, one of which is by brushing teeth regularly and regularly, health problems arise due to a person's lack of knowledge in maintaining their health. Based on the above problems, the writer has an idea or idea to make a video entitled "Let's Learn to Brush Your Teeth for Healthy and Clean Teeth".

This video is expected to provide information and education to children about dental health education and increase knowledge about dental health. The video to learn to brush your teeth is an audio-visual media that contains the meaning of brushing your teeth, the kinds of teeth and their functions, how to choose a toothbrush, how to choose toothpaste, health problems that arise if you don't brush your teeth and how to brush your teeth properly and properly done less more for 3 minutes. Video media as a means of health education can provide good visualization so as to facilitate the process of absorbing knowledge.