

Daftar isi

HALAMAN DEPAN	Error! Bookmark not defined.
STRETCHING UNTUK PENURUNAN NYERI SENDI LUTUT PADA LANSIA	Error! Bookmark not defined.
PERNYATAAN KEASLIAN TUGAS AKHIR	Error! Bookmark not defined.
PERNYATAAN PERSETUJUAN PUBLIKASI....	Error! Bookmark not defined.
PERSETUJUAN PEMBIMBING	Error! Bookmark not defined.
PENGESAHAN PENGUJI	Error! Bookmark not defined.
KATA PENGANTAR.....	Error! Bookmark not defined.
Daftar isi.....	1
Daftar lampiran.....	3
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
A. Latar Belakang Masalah	Error! Bookmark not defined.
B. PEMASALAHAN	Error! Bookmark not defined.
C. SOLUSI YANG DITAWARKAN.....	Error! Bookmark not defined.
D. TARGET LUARAB DAN MANFAAT	Error! Bookmark not defined.
BAB II TINJAUAN PUSTAKA.....	Error! Bookmark not defined.
A. NYERI SENDI LUTUT.....	Error! Bookmark not defined.
1. Pengertian Nyeri Sendi Lutut	Error! Bookmark not defined.
2. Penyebab Nyeri Sendi Lutut.....	Error! Bookmark not defined.
3. Tanda Gejala Nyeri Sendi Lutut.....	Error! Bookmark not defined.
4. Patofisiologi Nyersi Sendi Lutut	Error! Bookmark not defined.
5. Derajat Skala Nyeri Sendi Lutut.....	Error! Bookmark not defined.
6. Waktu pengukuran Nyeri Sendi Lutut.....	Error! Bookmark not defined.
7. Standar Operasional Prosedur Stretching Pengukuran Nyeri Sendi Lutut Error! Bookmark not defined.	
8. Penatalaksanaan Nyeri Sendi Lutut.....	Error! Bookmark not defined.

B. STRETCHING	Error! Bookmark not defined.
1. Pengertian Stretching	Error! Bookmark not defined.
2. Waktu Dan Dosis Pemberian Stretching	Error! Bookmark not defined.
3. Standar Operasional Prosedur Stretching	Error! Bookmark not defined.
C. PENGARUH STRETCHING UNTUK MENURUNKAN SKALA NYERI SENDI LUTUT	Error! Bookmark not defined.
D. Keaslian	Error! Bookmark not defined.
BAB III <u>DESKRIPSI DESAIN YANG YANG DIHASILKAN</u>	Error! Bookmark not defined.
A. Tema	Error! Bookmark not defined.
B. Media Vidio	Error! Bookmark not defined.
1. Pengertian	Error! Bookmark not defined.
2. Kelebihan Media Vidio	Error! Bookmark not defined.
3. Kelemahan Media Vidio	Error! Bookmark not defined.
4. Manfaat Media Vidio	Error! Bookmark not defined.
C. Tujuan	Error! Bookmark not defined.
D. Pedoman Pembuatan Media Audiovisual	Error! Bookmark not defined.
1. Praproduksi	Error! Bookmark not defined.
2. Produksi	Error! Bookmark not defined.
3. Pasca Produksi	Error! Bookmark not defined.
4. Penulis tidak akan melakukan plagiat terhadap karya orang lain.	Error! Bookmark not defined.
5. Isi video	Error! Bookmark not defined.
BAB IV <u>LUARAN YANG DIACAPAI</u>	Error! Bookmark not defined.
BAB V KESIMPULAN DAN SARAN	Error! Bookmark not defined.
A. Kesimpulan	Error! Bookmark not defined.
B. Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.

Daftar lampiran

Lampiran 1.....	27
Lampiran 2.....	28

