

# ABSORB SLIMBER ICE REDUCES THE INTENSITY OF THIRST IN CHRONIC KIDNEY FAILURE PATIENTS WITH HEMODIALYSIS WITH POSTER

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## *SUMMARY*

**Backgorund** : The number of people with kidney failure in Indonesia reaches about Seventy thousand more. It's estimated 5 to 10 million people died prematurely cause of this disease. Chronic renal failure can cause several disorders in various other body systems, including abnormalities in the cardiovascular system, such as heart failure due to myocardial ischemia, left article hypertrophy, and salt and water retention. Absorb slimber ice can be a non-pharmacological alternative treatment to reduce thirst in patients with hemodialysis. The aim of slimber ice inhalation as an attempt to remove thirst in chronic renal failure with hemodialysis. **Method** : Poster is the communication media chosen to provide health information to the general public and hemodialysis patients. The title of the poster is "Absorb slimber ice reduces the intensity of thirst in chronic kidney failure patients with hemodialysis". **Output** : The output is a poster as a medium of education for the general public and hemodialysis patients in an effort to overcoming thirst by applying the Suction technique of slimber ice. **Conclusion** : The poster's title is "Absorb slimber ice reduces the intensity of thirst in the patients with chronic kidney failure with hemodialysis". It's made in order to increase knowledge and motivate the general public who suffer from chronic kidney failure to use Slimber Ice.

**Keyword** : *renal failure, hemodialysis, smoking slimber ice*