

## **The Giving Fruit To Children Ages 3 – 6 Years As An Effort To Increase Children’s Appetite Through Booklet Media**

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### **SUMMARY**

**Background;** According to the data of GHI (Global Hunger Index), states that in Indonesia, the prevalence of eating difficulties in children or a decrease in children’s appetite is 33,6% aged children under five years old. To overcome a child’s appetite needs to be done and cared from parents early on by presenting papaya (*Carica Papaya L*). The author has adopted the theme because many children lose their appetite especially when the child ages past 1 and for mothers have yet to understand how to address the problem of appetite in children. **Method;** Use of a medium of content: appetite definitions, the effects or side effects of appetite loss, how to increase appetite, preschoolers’ definition, papaya fruit, papaya fruit’s content, the benefit of papaya’s fruit, the dose given, papaya’s appetite. **Yield;** The final project wa created under the title “add a child’s appetite to papaya fruit consumption”. **Conclusion;** The topic “increase the appetite for children with the consumption of papaya fruit” is selected by the writer using language and pictures that the reader can readily understand in the delivery of the education so that it is hoped that the reader will easily understand the content of the media and apply it in daily life.

**Keywords:** *Appetite, Papaya fruit, Preschooler, Booklet.*

