WHITE RICE TEMPEH PORRIDE AS AN EFFORT TO HANDLE AND RECOVER WEIGHT IN TODDLERS WITH DIARRHEA USING VIDEO MEDIA

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SUMMARY

Background. Diarrhea disease is a disease whose existence is still a health problem in the world, including in Indonesia. Extraordinary events that often occur due to diarrhea in children under five are in the second rank of causes of death in children under five. The number of diarrhea cases affecting children under five in east Java has increased in prevalence from 6,6% to 10,7%, in 2018 and is in second place after West Java. This can be handled by providing communication, information, and education (ICE) of white rice tempeh porridge. The purpose. Helping the community, especially mothers with toddlers, to understand the handling and recovery of weight in toddlers by giving white rice tempeh porridge. Method. Make use the cupcut and benime applications so that the video media in delivering videos are more interesting. Result. This final project is a video media "how to make white rice tempeh porride for handling diarrhea and weight recovery in toddlers". Conclusion. Video media is useful for mothers who have toddlers who experience diarrhea, with this video media it can make it easier for mothers to apply the provision of white rice tempeh porridge for handling and restoring weight in toddlers due to diarrhea.

Keywords: Toddlers, Diarrhea, Tempeh, Porridge, Rice