

**EDUCATION ABOUT THE IMPORTANCE OF PREVENTING STUNTING
AS AN EFFORT TO IMPROVE NUTRITION IN PREGNANT WOMEN**

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SUMMARY

Background: Toddler stunting (short) is the main nutritional problem facing Indonesia. Based on Nutritional Status Monitoring (PSG) data over the last three years, stunting has the highest prevalence compared to other nutritional problems such as undernutrition, thinness, and fat. The prevalence of short toddlers increased from 27.5% in 2016 to 29.6 in 2017. Average prevalence in Thailand 10.5%, Sri Lanka 17.3%, Maldives 20.3%, North Korea 27.9%, Myanmar 29.2%, Bhutan 33.6%, Nepal 35.8%, Bangladesh 36.1%, Indonesia 36.4%, India 38.4%, Timor Leste 50.2%. Stunting is the main threat to human quality, and competitiveness of the nation. Stunting can result in an inability to level of intelligence, making children more susceptible to disease and in the future at risk of decreased productivity levels. Widely stunting can hinder economic growth, increase poverty and widen inequality. **Method:** The media used in the form of booklets, made as interesting as possible with the title Prevent Stunting Is Very Important. **Result:** Media booklet can be used with the aim of improving the knowledge of pregnant women because it contains detailed information, easier to carry anywhere, anytime and can be stored for a long time. **Conclusion:** Media booklets can provide information on how to meet the nutritional intake of pregnant women to prevent stunting in children.

Keywords: Pregnant Women Nutrition, Stunting, Booklet