

**EDUCATION OF CARE METHOD OF KANGAROO AS AN EFFORT TO
STABILIZE BODY TEMPERATURE IN LOW BIRTH WEIGHT
THROUGHT WITH BOOKLET**

Ema Yulianti

emayua@gmail.com

'Aisyiyah University of Surakarta

SUMMARY

Background: *The problem of mothers who lack insight and knowledge about how to care for babies with the kangaroo method. Babies with LBW often experience problems due to hypothermia and obstacles in gaining weight. In Indonesia, LBW care still prioritizes the use of incubators, but the presence of incubators is still limited to hospitals. The impact of LBW is very serious on the quality of future generations. Long-term problems that may occur as a result of low birth weight include impaired vision development (retinopathy), hearing, chronic lung disease, increased morbidity and frequency of congenital abnormalities and frequent hospital admissions. Direct complications in LBW are hypothermia, fluid and electrolyte disturbances, hyperbilirubinemia, respiratory distress syndrome, patent ductus arteriosus, infection, intraventricular hemorrhage, apnea of prematurity and anemia.*

Methods; *The IEC output method used is to use a media booklet that contains education about the care of the kangaroo method as an effort to stabilize body temperature.*

Results; *The resulting project output is in the form of a booklet with the title "Kangaroo Method Care Education as an Effort to Stabilize Body Temperature".*

Conclusion; *This booklet was created to increase the knowledge of readers, especially for mothers who have babies with LBW as an effort to stabilize body temperature in LBW.*

Keywords: *Low Birth Weight, Kangaroo Method, Booklet.*