

**CHEST PHYSIOTHERAPY FOR CLEANING THE AIRWAY IN CHILDREN
WITH ACUTE RESPIRATORY INFECTIONS (ARI)
USING BOOKLET MEDIA**

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SUMMARY

Acute Respiratory Infection (ARI) is an infectious disease that often affects children. ARI is still a world health problem that causes death. Lack of public awareness in handling ARI in children makes the potential for ARIs increasing every year. Chest physiotherapy can be used as an alternative in the non-pharmacological treatment of ARI in children. Chair exercise can be done 2 times a day, which is about one and a half hours before lunch and dinner with a duration of 20-30 minutes per session. It can be concluded that chest physiotherapy can reduce the accumulation of secretions so that it can improve airway clearance in children with ARI. One of the media that can be used in conveying information about the handling of ARI is the media booklet. Booklets are considered to be able to provide information in a concise and concise manner but are interesting and include specific material. It can be concluded that the booklet media can provide knowledge about chest physiotherapy to clear the airway for children with ARI

Keywords: *Infeksi Saluran Pernafasan Akut (ISPA), Fisioterapi Dada, Booklet*