

**KANGAROO METHOD FOR ENHANCING PHYSIOLOGICAL RESPONSES  
TO LOW BIRTH WEIGHT INFANTS (BBLR)  
BY MEDIA BOOKLET**

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**SUMMARY**

**Background;** A baby BBLR is a baby born weighing less than 2500 grams. Babies with BBLR will have difficulty adapting to the environment and the instability of physiological function, namely body temperature, heart rate and oxygen saturation in infants. Kangaroo Care Method (KCM) treatment is one of the treatment methods given to young babies with the principle of skin to skin, namely placing the baby between the mother's breasts without intermediaries so that there is direct contact between the mother's skin and the baby's skin. Kangaroo care method is one of the simple and effective nursing action to be given to babies. **Method;** The media booklet made by Microsoft Word. **Goals;** To enhancing physiological responses namely temperature body, heart rate, and oxygen saturation in baby with BBLR **Result;** The final project produced is the result of an information communication and education in the form of booklet media. **Conclusion;** A baby BBLR can given kangaroo care method to enhancing physiological responses namely temperature body, heart rate, and oxygen saturation.

**Keywords:** BBLR, KCM, body temperature, heart rate and oxygen saturation.