EFFORTS TO IMPROVE KNOWLEDGE ABOUT PREECLAMPSIA IN PREGNANT WOMEN WITH BOOKLET MEDIA

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SUMMARY

Background: According to data from the Ministry of Health of the Republic of Indonesia in 2018-2019 preeclampsia is the second cause of death in mothers with 1,066 cases and is the first cause of maternal death in Central Java Province with 123 cases in 2019. One of the factors what lies behind the death of the mother is the delay in recognizing danger signs and making decisions. Efforts that can be made to minimize maternal mortality due to preeclampsia are to increase maternal knowledge about the signs of symptoms and prevention of preeclampsia.education. Methods: Health education using booklet media entitled "Let's Get To Know What Is Preeklampsia". Results: increasing knowledge and information about preeclampsia in pregnant women. Conclusion: A booklet 17pagecontaining definitions of pregnancy and preeclampsia; causes, risk factors, classification, symptom signs, complications and ways to prevent preeclampsia which are equipped with attractive pictures and easy to understand material. It is hoped that booklet thiscan add insight and knowledge of pregnant women about preeclampsia so that it can reduce maternal and infant mortality due to preeclampsia.

Keywords: Pregnancy, Preeclampsia, Booklet