

VULVA HYGIENE EDUCATION FOR PERINEUM WOUND HEALING IN PUBLIC MOTHER USING BOOKLET MEDIA

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SUMMARY

Background; *Perineal wound* is an injury that occurs during childbirth in the perineum in the muscular area which is covered by the skin between the vaginal introitus and the anus which is caused by a tear during childbirth. Based on data in East Java, the incidence of perineal rupture in 2016 was 95 cases, perineal injury during the puerperium if not treated immediately will cause death to the mother, there are three causes of maternal death namely bleeding (45%), infection (15%), and pre- eclampsia (13%). There are still many postpartum mothers who do not know how to clean perineal wounds properly, so postpartum mothers need to be given knowledge about how to properly care for and clean wounds. **Method;** The media used in the knowledge level of vulva hygiene in postpartum mothers for perineal wounds is a booklet. **Result;** The resulting booklet aims to improve the knowledge of post-partum mothers about perineal wound healing using the vulva hygiene method. **Conclusion;** The vulva hygiene booklet for perineal wound healing can be used by the public and especially postpartum mothers as a source of information to treat choking babies properly.

Keywords: Perineal Wounds, Postpartum, Vulva Hygiene, Booklet.