BATH MANAGEMENT USING STEW WATER OF SECANG WOODS
AS EFFORT TO OVERCOME MILIARIA IN BABY USING POSTER
MEDIA

Inas Salsa Dwi Hartika

Diploma III Nursing Study Program, Faculty of Health Sciences

Universitas 'Aisyiyah Surakarta

Email: salsaofans101@gmail.com

**ABSTRACT** 

Background: Miliaria or prickly heat is a skin disorder characterized by small reddish spots accompanied by itching which causes a stinging feeling on the skin due to blockage of the sweat glands in certain parts, prickly heat can develop anywhere on the body. Examples of non-conventional treatments include keeping the environmental temperature dry, using clothes that absorb sweat, avoiding using creams, powders or oils because they can prevent sweat from coming out through the pores and treating with traditional ingredients, for example bathing using boiled water that can dissolving tannin and brazilin compounds. Methods: Management of bathing using boiled water of secang wood to treat miliaria in infants through the media of posters. Result: Poster media can be used with the aim of increasing knowledge, because poster media contains clear and interesting information. Conclusion: Poster media can provide information on how to deal with miliaria in babies by bathing using boiled water from the wood of Secang

**Keywords**: Prickly Heat, Miliaria, Secang Wood Boiled Water, Baby