

IMPROVEMENT OF MOTHER'S KNOWLEDGE ABOUT CHILDREN HANDLING WITH DIARRHEA

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SUMMARY

Background; Diarrheal disease is a global problem with high morbidity and mortality, especially in developing countries, and as one of the main causes of high morbidity and mortality rates for children in the world. Diarrhea is the number 2 cause of death for children under 5 years of age. More than 10 million children aged less than 5 years die every year in the world about 20% die from diarrheal infections. Inappropriate and rapid management of diarrhea disease can have serious consequences for sufferers. The most dangerous symptom of a diarrheal infection is dehydration. Most of the deaths from diarrhea are caused by severe dehydration and loss of exercise. Understanding of diarrhea medicines, such as ORS and limited drugs to treat diarrhea is the key to reducing the risk of dehydration due to diarrheal diseases. Parents who are given health education about giving zinc and ORS can effectively reduce diarrhea in children. **Method;** By using a media booklet entitled "Handling Diarrhea in Children" was chosen as a medium of communication in providing health information to mothers. **Result;** The output produced is in the form of booklet media as a medium for maternal education as an effort to overcome diarrhea in children. **Conclusion;** The booklet entitled "Handling Diarrhea in Children" was created in order to increase the knowledge of mothers about handling children with diarrhea.

Keywords: Diarrhea, Knowledge, Booklet.