

**SIMPLE WATER STEAM THERAPY METHODS ON BREACH
CLEANING WITH INFLUENZES IN PRE-SCHOOL AGE CHILDREN
THROUGH VIDEO MEDIA**

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SUMMARY

Background : *Preschool category of childrens are very easily affected by the disease because the immunity has not been formed perfectly, especially infectious diseases. Influenza is one of the infectious diseases. Influenza cases are quite high in Central Java Province by 3.61%. This incidence rate is higher than the incidence in other provinces. this case occurs in preschool children. One of the symptoms of influenza mentioned if nasal congestion due to a build-up of secretions. From the description above the authors are interested in producing a video output as a tool in providing health education. author Taking the title "Simple Water Steam Therapy Methods On Breach Cleaning With Influenzes In Pre-School Age Children Through Video Media" The reason of the author using video output because video is a learning medium that provides and creates more variety.*

Purpose: *Communication and Education Media (KIE) created to increase knowledge to the community, especially in parents who have preschool age children. Method: "KIE" external method used in the form of video that contains about simple water vapor therapy education to inhibit nasal congestion due to secret buildup. Result : "KIE" produced in the form of video because the video contains clear information, interesting and easy to understand. Conclusion: the video can provide information to public, especially to preschool-age children's parent about simple water vapor therapy education to inhibit nasal congestion due to secret buildup.*

Keywords : *Preschool, Influenza, Steam, Video*